

Abby Hampton

Actor, Singer, Writer (MEAA)

DOB: 21/06/1994
Height: 172cm (5'8)
Hair Colour: Light Brown
Eye Colour: Dark Brown
Vocal Range: Mezzo Soprano
Location: Melbourne, VIC
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Theatre

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|--|---------------|----------------------------|------------------------|
| <i>Intimate Space</i> (Seoul Street Arts Festival 2019) | Dancer | Restless Dance Theatre | Michelle Ryan |
| <i>Julius Caesar</i> | Decius Brutus | Flinders Drama Centre | Nescha Jelk |
| <i>Shoot/Get Treasure/Repeat</i> | Iraqi Woman | Flinders Drama Centre | Catherine Fitzgerald |
| <i>A Single Act</i> | Clea | Flinders Drama Centre | David Mealor |
| <i>Intimate Space</i> (Adelaide Festival 2016) | Dancer | Restless Dance Theatre | Michelle Ryan |
| <i>Three Sisters</i> | Natasha | Flinders Drama Centre | Tom Healey |
| <i>Our Town</i> | Mrs Gibbs | Flinders Drama Centre | Tiffany Lyndall-Knight |
| <i>Darling Buds of May</i> | Mariette | Therry Dramatic Society | Hayley Horton |
| <i>Romeo and Juliet</i> | Juliet | Adelaide Uni Theatre Guild | Megan Dansie |
| <i>The Wonderful World of Roald Dahl</i> | Q&A Host | Book Week Production | Shane Davidson |
| <i>High School Cabaret</i> | Performer | Adelaide Cabaret Festival | David Campbell |

Film

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| <i>Rabbit</i> | Dancing Girl | Vendetta Films | Luke Shanahan |
| Headspace Training Film | Daughter | Headspace | Mark Wickett |

Training

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|--------------------------|---|-------------------|
| Flinders Drama Centre | Bachelor of Creative Arts (Drama) Honours | 2015-2018 |
| Private Singing Lessons | Rosanne Hosking | 2018 |
| Columbia College Chicago | Semester Study Exchange | Semester One 2018 |
| | - Shakespeare | |
| | - Dramaturgy | |
| | - Feldenkrais | |
| | - Musical Theatre Dance for Actors | |
| | - Monologue Workshop | |
| | - Solo Performance Devising | |

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| Frantic Assembly UK | Week Residency: 'Physical Theatre Devising' | 2016 |
| Pochinko Clown Training | Flinders Drama Centre: Hew Parham | 2016 |
| Pembroke School | International Baccalaureate Diploma | 2000-2012 |

Special Skills

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| Singing | Mezzo-Soprano: Musical Theatre, Jazz, Folk |
| Dialects | Standard North American, Irish, British (Cockney, RP, Standard), Scottish, Australian (Native) |
| Instruments | Piano, Guitar (Basic) |
| Dance | Jazz, Ballet, Tap (Basic) |
| Stage Combat | Basic |
| Languages | French (Basic) |
| Physical Activities | Bike Riding, Kayaking, Snow Skiing, Yoga |

Awards/Nominations

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| Elevate Mentorship Program Grant - Verbatim Playwriting with Dr Sarah Peters. (Winner) | Helpmann Academy (2019) |
| GreenRoom Speakeasy Series (Selected Performer) | Adelaide Cabaret Festival (2017) |
| <i>Intimate Space</i> : Restless Dance Theatre (Nomination) | Helpmann Award (Best Dance Work 2017) |
| Best Female Actor 'Juliet' <i>Romeo and Juliet</i> - Adelaide University Theatre Guild (Nomination) | Adelaide Theatre Guide Awards (2014) |
| Adelaide Festival Centre Arts Award (Winner) | Passion and Dedication to the Arts. (2012) |

MEAA Workshops

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| In Conversation with Ita O'Brian 'Intimacy On Set' | 2018 |
| Actors and Auditioning with Peter Hill (Psychotherapist) and Hew Parham | 2019 |
| US Accent Workshop with Jennifer Innes | 2019 |
| Feldenkrais Method Workshop with Susie Fraser | 2019 |